

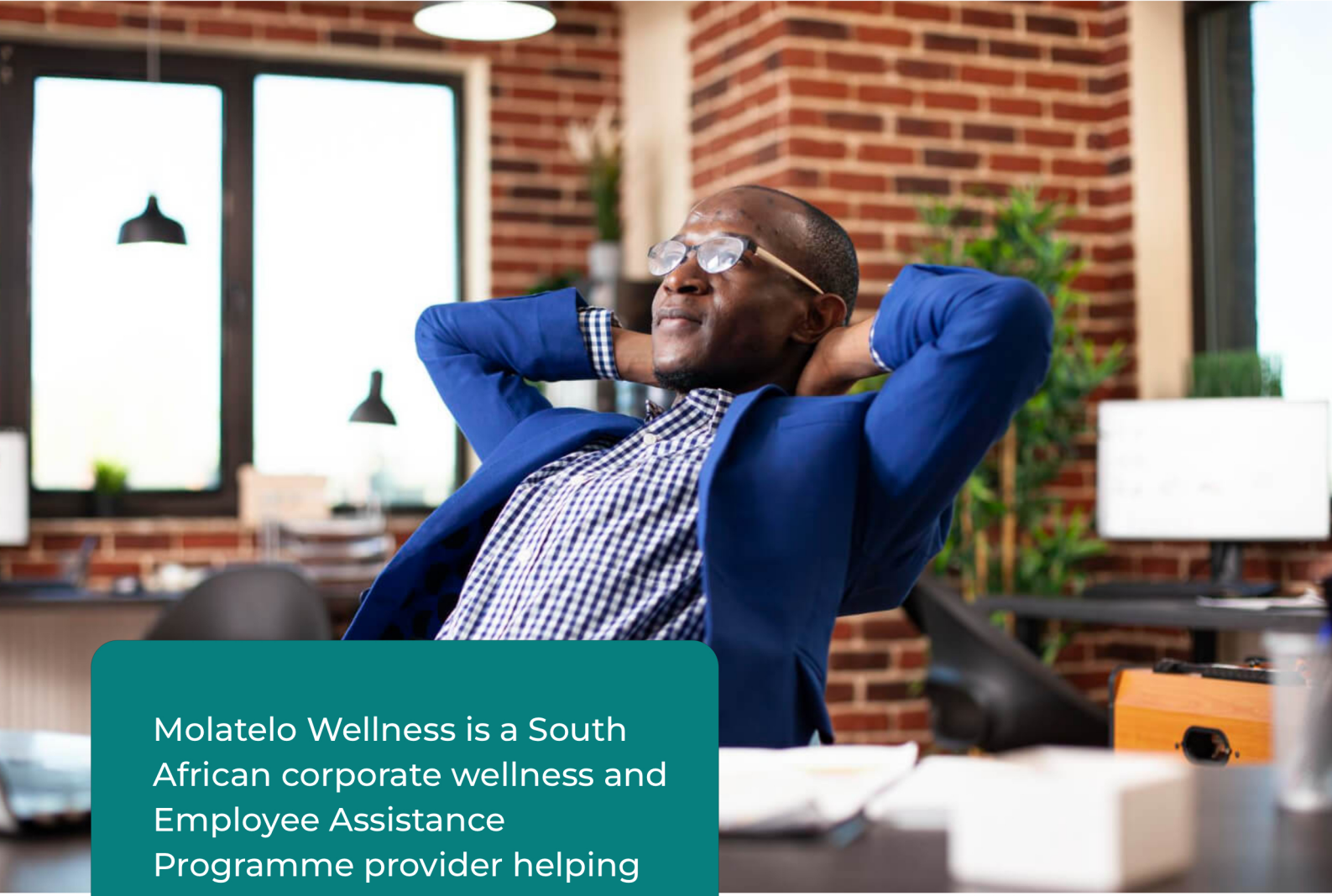
A large orange circle containing the text "Corporate Profile" in white. The circle is positioned on the left side of the image, partially overlapping the man in the chair.

Corporate Profile

A man with glasses, wearing a grey blazer over a dark green sweater, sits in a black office chair. He holds a blue pen in his right hand and gestures with his left. A clipboard is on his lap. In the foreground, a stack of six smooth, grey stones is balanced on a wooden surface. A small potted plant is next to the stones. The background shows a brick wall and a window with curtains.

Holistic Corporate Wellness.
Tangible Results.

Our Story



Molatelo Wellness is a South African corporate wellness and Employee Assistance Programme provider helping organisations improve wellbeing, productivity, resilience, and workplace culture through strategic wellness solutions.

We serve high-pressure industries including mining, construction, finance, logistics, and the public sector.

Molatelo Wellness is an **EAPA-SA** Registered Service Provider (Category Two), Membership Number **SA/SP/E/0091**

Our Story

Led by Experience

Molatelo Sefoloshi

Founder & Managing Director

- ✓ 15+ years experience
- ✓ Social Work Honours
- ✓ Master of Public Health Candidate – Brunel University London
- ✓ Specialist in EAP, trauma support, workplace wellbeing
- ✓ 2026 African Health Excellence Awards Nominee



Partnering with organizations in mining, construction, and industry to build healthier, more engaged workforces.



WE ARE A WELLNESS HOUSE THAT GOES BEYOND JUST PROVIDING MENTAL HEALTH AND WELL-BEING GUIDANCE. WE CARE FOR OUR PEOPLE AND ALWAYS FIND WAYS TO SUPPORT AND PROVIDE PEOPLE-FOCUSED SOLUTIONS.

Corporate Wellness



We partner with organizations to build tailored wellness strategies that go beyond tick-box exercises, improving engagement, reducing absenteeism, and supporting families.

At Molatelo Wellness, we work alongside organizations to make wellness tangible and industry-relevant. We tailor strategies to your workforce's real stressors, blending on-site therapeutic engagement, 24/7 access, and data-driven insights.

Assessment

Deep psychosocial needs analysis, identifying pressure points unique to your workforce.

Engagement

On-site therapeutic presence + 24/7 Wellness Support Hub.

Our Strategic Corporate Approach

Intervention

Tailored wellness campaigns aligned with seasonal & workforce stress patterns.

Analysis

Quarterly reporting & ROI insights that inform ongoing strategy.

Our Services

We offer a comprehensive suite of wellness services designed for corporates across sectors, including:

- Employee Assistance Programmes (EAP)
- Onsite Therapeutic Service
- Wellness Training & Workshop
- Medical Surveillance / Occupational Health
- Trauma Intervention & Critical Incident Debriefing (CISD)
- Gender-Based Violence & Substance Abuse Programmes
- Family Support Services

Why Partner With Us (Differentiators)

- 25% utilization rate vs. industry average of 17–22%
- Specialized for male-dominated industries (mining, construction)
- National network of therapists, psychologists, and affiliates
- Integration of mental, financial, family, and leadership wellness
- Family-inclusive services across provinces

Selected Clients & Partnerships



Industries

Corporate Wellness Solutions

- Employee Assistance
- Programme (EAP)
- Trauma Debriefing / CISD
- On-site Wellness Clinics
- Leadership Support Services
- Wellness Days & Campaigns
- Reporting & Analytics



How We Work

1 Needs Assessment

2 Tailored Proposal

3 Rollout Plan

4 Service Delivery

5 Monitoring & Reporting

6 Review & Improvement

Whether you operate in corporate offices, mining, construction, manufacturing, logistics, or other high-risk environments, our team is ready to support your organisation's unique needs. Contact us today to discuss tailored solutions that promote workplace wellbeing.

Get In Touch

**Mobile**

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**Email**

info@molatelowellness.co.za

**Our Location**

North Riding, Johannesburg



@molatelowellness



@MolateloWellness



<https://za.linkedin.com/company/molatelo-wellness>

